



FOR IMMEDIATE RELEASE

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BIKE-TO-BREAKFAST DAY IN GLENDALE

GLENDALE, Ariz. – Are you burning all your energy biking to work?

Well, no sweat on April 16 because the city of Glendale is offering a special Bike-to-Breakfast celebration for Glendale residents.

Bike-to-Breakfast is Wednesday, April 16 from 6 a.m. to 9 a.m. at Glendale City Hall Amphitheater, located at 5850 W. Glendale Ave. Residents and city employees can enjoy a free breakfast buffet, while learning about the alternate ways of commuting to work.

Valley Metro will be on site with an information booth and representatives will demonstrate how to load and unload a bike on the bus bike rack.

Bike-to-Breakfast was created to promote bicycling as an alternate way to commute to work. This event is one of many that are being offered during “Valley Bike Month.” This campaign was designed to educate citizens about the importance of using bicycles as alternate mode of safe transportation, as well as bring awareness to the hundreds of miles of bike lanes, paths and trails that are used throughout Glendale and the Valley.

For more information, visit <http://www.glendaleaz.com>.

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